



# My Blessings List

Based on Psalm 103 "Bless the LORD, O my soul;"

Over the next four weeks keep a list of all the wonderful blessings that God pours into your life, and the life of your family. Use this Blessings list in your daily prayer life. Praise God for everything you write down on your personal Blessings list. Everything you write will be unique to you and your family.

## Week One

Day 1 \_\_\_\_\_.

Day 2 \_\_\_\_\_.

Day 3 \_\_\_\_\_.

Day 4 \_\_\_\_\_.

Day 5 \_\_\_\_\_.

Day 6 \_\_\_\_\_.

Day 7 \_\_\_\_\_.

## Week Two

Day 1 \_\_\_\_\_.

Day 2 \_\_\_\_\_.

Day 3 \_\_\_\_\_.

Day 4 \_\_\_\_\_.

Day 5 \_\_\_\_\_.

Day 6 \_\_\_\_\_.

Day 7 \_\_\_\_\_.

Week Three

Day 1 \_\_\_\_\_.

Day 2 \_\_\_\_\_.

Day 3 \_\_\_\_\_.

Day 4 \_\_\_\_\_.

Day 5 \_\_\_\_\_.

Day 6 \_\_\_\_\_.

Day 7 \_\_\_\_\_.

Week Four

Day 1 \_\_\_\_\_.

Day 2 \_\_\_\_\_.

Day 3 \_\_\_\_\_.

Day 4 \_\_\_\_\_.

Day 5 \_\_\_\_\_.

Day 6 \_\_\_\_\_.

Day 7 \_\_\_\_\_.